

# TALES OF THE DIVINE MS.



LEFT: MIKELLE ENJOYS SOME STARBUCKS IN BLUE. ABOVE: MIKELLE HOLDS HANDS WITH TAYLOR OVER COFFEE.

## It's been a busy summer so far!

Mikelle has been a busy little worker bee so far this summer. She's been camping at Poudre River, toured the incredible Hope Farms, visited too many coffee shops to count and even co-chaired Phamaly Theatre Co.'s Circle of Stars 2013 Gala. Through it

all Mikelle has always remembered to take time for her many friends and family.

Mikelle's life is always a search for rhythm and routine. Through her community she has made countless friends who all work together to help

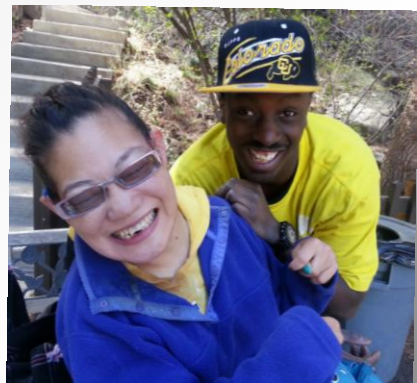
her build those rhythms and routines.

Community in action is the key to magical moments like the ones pictured here. Take a leaf from Mikelle's book!

There will be a follow up webinar on June 28th at 2:00pm MST. Check out our website for more info!



HANGING OUT WITH HER FAVORITE NEPHEW JACKSON



MIKELLE AND JEROME LOVE THE OUTDOORS



MIKELLE WITH HER ROOMMATE TAYLOR IN

# 5 Steps to Engaging Your Community

## Revision, Rhythm, Ritual, Routine, and Rut

Step 1: **Revise** your vision often.

As many times as it takes to accomplish your goals.

Step 2: Listen to the unique **rhythms** of each community and find the beat that matches yours. Sometimes you need to look a little harder or in unusual places to find what you need.

Step 3: The power of **rituals**. This is the glue that holds together relationships and communities.

Step 4: Develop a **routine**. Become a regular at local places like coffee shops or restaurants. Show up often and share your stories and your life.

Step 5: Beware of falling into a **rut**. If you do, relax, it's time to go back

to Step 1!

These steps will help you to build the community support that you, or a loved one, may really need.

Start making the changes you want to see in the world, starting as close to home as you can get.

**Visit our site:**

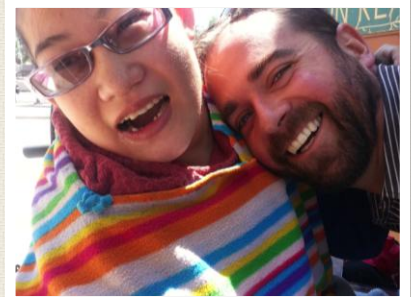
[www.theshiningbeautifulseries.com](http://www.theshiningbeautifulseries.com)

**MIKELLE AND HER  
ROOMMATE TAYLOR  
HANG OUT WITH THE  
HORSES OF HOPE FARMS**

### THE GANG



MAGGIE, TEDY & COUSIN  
MIKELLE



MIK & IAN AT PABLO'S



PATTY, JACKSON & MIK



MIKELLE AT  
COLORS OF THE SOUL

